

# *The Code*

## *Ten Intentions for a Better World*

To have The Code work in your life, say it once a day

### *The First Intent ~ Support Life*

I refrain from opposing or harming anyone. I allow others to have their own experiences.  
I see life in all things and honor it as if it were my own. I support life.

### *The Second Intent ~ Seek Truth*

I follow my inner compass and discard any beliefs that are no longer serving me.  
I go to the source. I seek truth.

### *The Third Intent ~ Set Your Course*

I begin the creative process. I give direction to my life. I set my course.

### *The Fourth Intent ~ Simplify*

I let go so there is room for something better to come in. I intend that I am guided, guarded, protected, provided for and lined up with the Highest Good at all times.  
I trust and remain open to receive from both expected and unexpected sources. I simplify.

### *The Fifth Intent ~ Stay Positive*

I see good, say good, and do good. I accept the gifts from all of my experiences.  
I am living in grace and gratitude. I stay positive.

### *The Sixth Intent ~ Synchronize*

After intending and surrendering, I take action by following the opportunities that are presented to me. I am in the flow where Great Mystery and Miracles abide, fulfilling my desires and doing what I came here to do. I synchronize.

### *The Seventh Intent ~ Serve Others*

I practice love in action. I always have enough to spare and enough to share.  
I am available to help those who need it. I serve others.

### *The Eighth Intent ~ Shine Your Light*

I am a magnificent being, awakening to my highest potential.  
I express myself with joy, smiling easily and laughing often. I shine my light.

### *The Ninth Intent ~ Share Your Vision*

I create my ideal world by envisioning it and telling others about it.  
I share my vision.

### *The Tenth Intent ~ Synergize*

I see humanity as One. I enjoy gathering with light-hearted people regularly.  
When we come together, we set the stage for Great Oneness to reveal Itself.  
We synergize.